

Patient testimonials



Stuart's Story

I always kept physically active. I went to the gym four to five times a week. I played the drums and enjoyed woodworking.

I started to have back pain that became gradually worse over time. It started as pain in my low back and then it crept into my hips and legs. I couldn't stand still and it was painful to walk. It was just painful. Shaving in the morning was agonizing because standing still while looking in the mirror was very painful.

I couldn't do any of my normal activities. I would find a comfortable chair, sit and read and listen to music. I avoided exercise and standing to avoid rather severe pain.

Prior to my surgery, I went to chiropractors, physical therapy (both land and water) and pain management doctors for a series of multiple injections. None of it worked. Having surgery was my last resort. My improvement after surgery was immediate and dramatic. Within a week I felt good and I was ready to play the drums again. My doctor said to wait a couple of weeks so that the wounds would heal.

I am now able to go to the gym, play my drums, build things in my wood working shop and enjoy a walk with my wife. My doctor said surgery would provide me about 85% relief from the lower back down. He got me 100%.

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